

# 55<sup>th</sup> innogy-Marathon 2017

## QUICK INFORMATION FOR FOREIGN PARTICIPANTS

The 55<sup>th</sup> innogy-Marathon 2017 is organised according to the international competition regulations (IWB) of the German Athletics Federation (DLV) and the International Athletics Federation (IAAF). Participation is open to anyone born in **1999 or earlier**.

### START & FINISH

Date: **Sunday, October 08<sup>th</sup>, 2017**

Location: Freiherr-vom-Stein-Str., Essen, Lake Baldeney (close to Regatta House)

Start **10:00 AM** single competition / **10:00 AM** seaside run / **10:15 AM** relay

Finish closes at **3:30 PM** (time limit: 5:30 hrs)

### ORGANISATION

TUSEM Essen 1926 e.V.

Mr. Gerd Zachaeus, Luehrmannwald 24, 45149 Essen, Germany

Tel.: +49 (0) 201 / 749 5520 (9:00 AM – 6 PM, except for Saturdays & Sundays)

E-Mail: [organisation@essen-marathon.de](mailto:organisation@essen-marathon.de), Internet: [www.innogy-marathon.de](http://www.innogy-marathon.de)

**Bank account:** Sparkasse Essen, reference "Marathon"

IBAN: DE42 3605 0105 0008 8914 18, BIC: SPESDE33XXX

### ENTRY FEE

<b>Single Competition:</b>	until February, 28th	EUR 29
	March 1st to May 31st	EUR 39
	June 1st to August 31st	EUR 49
	September 1st to October 1st	EUR 59
	Late registration	EUR 65
<b>Relay (4 runners):</b>	until May, 31st	EUR 70
	June, 1st to August, 31st	EUR 95
	September, 1st to October, 1st	EUR 110
<b>Seaside Run (17.2 km):</b>	until February, 28th	EUR 15
	March 1st to May 31st	EUR 19
	June 1st to August 31st	EUR 23
	September 1st to October 1st	EUR 26
Late registration	EUR 30	

**Pasta Party on Saturday, 07th of October, from 4:00 p.m. to 7:00 p.m. additional 6 €.**

Please indicate when registering.

### REGISTRATION

Online registration: <https://portal.mikatiming.de/event/essen-marathon/2017/>

Note: For foreign runners, it may not be possible to register online. In this case, we make it as easy as possible for you. Send your **complete** registration data to the eMail-address mentioned above. You can choose to pay the registration fee by cheque or pay-in slip (please include) or by cash, when getting your race number.

Please indicate the following **obligatory** registration data:

**Surname / first name / nationality / club / street / zipcode / city / email / date of birth / sex / personal record / chip number** (if existent, otherwise you have the opportunity to buy or rent a chip). By receiving your race number, you agree upon the exclusion of liability! Please pay attention on readability of your data! List of all participants (updated regularly) is published on the marathon website.

### TIMING

Participation in the event requires you to wear the ChampionChip, which is a small plastic transponder you simply need to attach to your running shoe. It is used for tracking at plenty of running events in Germany and for most of the large marathons worldwide.

a) **Chip owners** indicate their personal chip numbers during registration (a combination of 2 letters and 5 numbers, the hyphen can be neglected).

b) **Chips may be rent (6,- €) or purchased (31,- €) during registration.** If you rent the chip and do not return it undamaged until 4 p.m. after the race, it will be considered as purchased and your credit card / bank account will be debited with 25,- €

**Please fasten the chip to your shoelaces (no metal devices used) – otherwise your time can not be measured.**

### REGISTRATION OFFICE / RACE NUMBERS

Issue of race numbers and late registration at the gym of the regatta house, Freiherr-vom-Stein-Str. 206c, 45133 Essen. **Trouble desk** for transferring race numbers (5 €) and changing registration data.

Saturday, October 07th, from 1:00 PM to 5:30 PM

Sunday, October 08th, from 7:00 AM to 9:00 AM

### CATEGORIES & AWARDS

Separate results for men and women. Categories according to the Athletics Regulations (LAO). Team ranking (3 runners in order, same sex) by time addition.

Medals for all finishers within time. All results and online-certificates will be available during the evening on internet with the possibility to print. Trophies and/or prizes for 1st - 3th place women and men and 1st - 3rd place age classes/team ranking. (no prize money)

### COURSE & REFRESHMENTS

The course is flat and completely tarmac. It leads two laps around the Lake Baldeney with a reversing track loop in round one and is measured by newest international guidelines (AIMS/IAAF). Every kilometre is specially marked by signs. Split times every 5km. Equipment like poles and baby carriages must not be used in the race. Escort by bicycles will lead to disqualification.

**Refreshment points** approx. every 5km. Water, isotonic drinks, tea, cola and bananas will be available. In the finishing area we're also offering beer (alcoholic and non-alcoholic). It is possible to hand in your **own nutrition** for the race on Saturday, October 07th, from 1:00 PM to 5:30 PM and on Sunday, October 08th, until 9:00 AM

### HOTEL OFFER

Special offer for runners at the **Hotel Bredene**y, Theodor-Althoff-Str. 5, 45133 Essen  
Tel.: +49 (0) 201 / 769-0, Fax: +49 (0) 201 / 769-3143

When booking, please mention the keyword "Marathon"

email: [info.essen@hotelbredeney.de](mailto:info.essen@hotelbredeney.de), internet: [www.hotelbredeney.de](http://www.hotelbredeney.de)